

ACTIVITIES & PROGRAMMES

HEALTH & FAMILY WELFARE PROGRAMME

Baba Saheb Ambedkar Technical Educational Society organises free health check up

camp. The local people are very much interested in these types of programmes. Free medicine distribution and for population control the Society distributes condom, Mala D etc. Runs awareness programme for people about harmful disease i.e. Cancer, AIDS etc. Give knowledge about the nutrition and food in daily life use. Dance Training, Inter Cast art festivals, Nukkad Natak



etc. Folk dance competition are also being organized to motivate and gather the village crowd.



AGRICULTURE & HORTICULTURE DEVELOPMENT PROGRAMME

To raise economic status of the people living below poverty line, Baba Saheb Ambedkar Technical Educational Society laid special emphasis on tapping and

mobilizing local resources in a more scientific and economically viable way. In this context an instruction-cum-debate was organized on the issue of farming of cash crops, vegetables, nursery and medicinal plants. With the help of NABARD & ATMA a special programme to make the people aware of the benefit of the practices on agriculture and horticulture. The results



have been encouraging on this front. Later on after exploring the market and proper channelising of the locally produced these products (flowers), we are planning to expand these activities. Our Society thus has taken a lead on meeting all the objectives mandated to it through its various programmes, rouging fro the stage of training, production, post-harvest and marketing.

SANITATION PROGRAMME

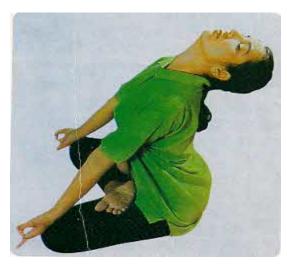




Communicable diseases continue to be the leading cause of morbidity and mortality in the state of U.P., Bihar, Chattisgarh, especially in the in the flood-prose areas of the Bihar. During the season of monsoon, Our Society organized an awareness programme in New Delhi.It was primarily aimed to arouse he alth-consciousness among the people coming from the lower strata of Society, in particular Nishads and Mushahars. Our health instructors and activists visited the houses of Nishad and Mushahars of the locality and tried to convince and motivate them to develop

some healthy habits and get rid of bed ones to check the communicable diseases. They were given instructions about the importance of cleanliness and sanitation in life. They were convinced that if they want to earn more, and lead a healthy life, they must give proper attention to this aspect too.

YOGA & NATUROPATHY



Yoga is a psychophysical system of exercises based upon the knowledge of the relation between the body and the mind. It is in fact a key to reveal the mysteries of universal suffering, disease and death. It teaches how to stretch life through asana, rhythmic breathing, concentration and meditation. Yoga is not merely a science dealing with various body postures; it is, apart being a source of sound health, gives eternal peace of mind. A regular practice not only adds years to life but leads to a meaningful life.

The medical science, which has developed in leaps and bounds, has also reached the conclusion that without taking into account

the mind, it is not possible to cure the body. Thus yoga unites body, mind and spirit. Our ancient sages had realized that life on earth was full of pain and sorrow. The body was a prey to all sport of diseases and the mind was turbulent and wavering-unsteady. The old age was a curse. So they engaged themselves in finding a way out to get rid off them. And thus they found a way out. What was more desirable than yoga to obtain peace and sound health? In yogavasesta, yoga is described as an instrument 'for reaching the other shore of the stream of sorrow. If you were living in accordance with the law of nature then the diseases would not trouble you. It does not mean that present day Society should adopt an outmoded 'STONE AGE' way of life. It means that they must restore their health by adopting various nature cure measures like exercise, yoga, change in eating habits, fasting, hydrotherapy, clay therapy, sunbath, air-bath, massage, magneto therapy, acupressure, etc. The methods of nature cure are simple and absolutely harmless. Our Society organizess these programmes with support of Local contribution, membership fees, donation and member's contributions.

HEALTH CHECK-UP CAMP

India is developing country. Every year many women are dead during the pregnancy period for the reason that poor nutrients and negligence of health care. In pregnancy period women require d special care. Due to poorness and backwardness of the people maternal mortality rate is very high in India. To



down the bringing maternity mortality rate to zero percent and improving institutional childbirth, Our Society especially for women organised free health check-up camp in many places of Chapra (Siwan) District. The programme aims at building publicgovernment partnership, involving field experts from the Obstetrics and Gynaecology. The programme involves provision of

free treatment to the expectant mothers, covering both antenatal and postnatal care on the first week of each month in different areas. The services would include blood tests, TT injections, Hepatitis injection, free distribution of iron tablets and other medicines along with regular check-up. In this programme Our Society is also attached with newborn child-care and working for immunisation, food care, health care etc. programmes. In this programme near about 200 women had benefited of different areas of Delhi State. In this programme Our Society organised quiz programme and prize distribution programme, where main theme was to care for women in pregnant period & childcare below the age of 5 years. The main feature of this programme held by Our Society was lecturers by senior consultants, question/answer interactive session and distribution of free medicines.

YOUTH AFFAIRS & SPORTS PROGRAMME



Our organization highlighted the conscious of youth towards the National Integration and shape of the youth feelings. Because Youth has power to change the Society. The organization organized vision development programme, and shared their ideas among youth. In this programme Society organize a survey programme in the village for aware the people. Atrocities on women in this district are under wide survey. The Society has deputed its voluntary workers for the identification and survey of "DYNE CUSTOM", "DOWRY AFFECTED" women grass root causes of prostitution getting rise on. The comprehensive data are under evaluation during the year. The final analysis and report is expected to present in coming year.

Under this programme, a seminar on the topic 'Science for all' was conducted by our Society. Over 252 people of the locality were participated in Programme had display the various practical aspect of science and technology in the field of agriculture and rural small-scale technologies. The Programme was over wheeling appreciated by the people. It was also emphasized to organize such programme in future also.

RCH PROGRAMME

Among the methods adopted, female sterilization predominates as 21.4 percent of the eligible women had unmet need is for spacing birth and the remains for limiting the children. A majority of the male respondents indicated progresses for female method. They did not prefer the male methods mainly because of the fear of weakness due to the was of male method, fear of method failure and fear of operation It was decided to prepare a wide AIDS scheme for the coverage of family planning Programme by the Society. Local doctors and Para-medical workers have extended their useful co-operation in diffusion of the requisite knowledge about

family planes methods to the eligible couples with intrusive comparing in the district.



FORMATION & TRAINING OF SHG



Entrepreneurship is a process where one person getting himself self employed provides job to others also. The person is called "entrepreneur". He acts as a leader. In India only 8 per cent of the small scale-manufacturing units are run exclusively by women entrepreneurs, which are proportionately very small as compared to other, developed & developing countries. We can see, USA alone, about 50 percent of the business is owned by women. Various efforts are being made to improve the status of women; women folk have not taken their maximum use & remain still backward. In almost all countries, the Governments are providing special provisions for women's development & efforts are being made to extract maximum use of women's talent. According to Our Society it is need of time to make women entrepreneurship and increasing their participation in economic activities. For developing women entrepreneurship Society choose Home Based

Industries like handicrafts, Beedi industry, Agarbatti making, tailoring and Garment. Under these programmes Society teaches & train people to be formed in SHGs.

RURAL DEVELOPMENT PROGRAMME



VOCATIONAL TRAINING PROGRAMME



Our Organisation has been running vocational training programmes for welfare of women, child and youths belonging to the informal economy. It is not just an organization but also a confluence of three movements- labour, self-reliance and self-employment. All the Programmes are Recognised by **National Council for Vocational Training.** Our Society started vocational training programme to encourage self-reliance and self-employment for women and youths who were unemployed and searching job. In this programme Society started all educated and uneducated persons in view of their requirements. Under vocational training programme our Society-started computer training, typing, handcrafting, tailoring-sewing, weaving, painting, T.V., Transistor and Tape-recorder repairing programmes.

LITERACY PROGRAMME



Education is a prime determinant of human development. Progress of a community in education may be viewed from several angles and hence different indices of educational achievement may be used. The conventional indices include

- (i) Effective literacy rate
- (ii) Primary school enrolment rate
- (iii) Drop-out rate at the primary level
- (iv) Mean years of schooling at the primary level
- (v) Pupil- teacher ratio
- (vi) Distance of schools from place of residence.

ENVIRONMENTAL EDUCATION PROGRAMME



The relationship between environment and development is well established. This brings to the fore that importance of environmental education for generating widespread awareness of issues related to environmental problems. Environmental Education offers the opportunity to understand the intimate relationship between the quality of environment and well being of the mankind. It has a direct

relationship with sustainable rural development as soil degradation, depleted aquifers and deforestation can jeopardize the productivity in the long run and put a question mark on the survival of rural masses whose economy is dependent on the enrichment of these natural resources. Hence it becomes necessary to promote environmental education. Being one of the stockholders, Our Society, leaving no stone left unturned to give the maximum possible efforts, in the regards.

It was felt that there is a deep harmonious relationship exists between man and environment. Physical environment consists of land, water and air; biosphere provides the food and other requirements of man. Environment creates favorable conditions for the existence and development of different creatures. Environment education is the process of recognizing values and clarifying concepts in order to develop skills and attitude necessary to understand surroundings. Environmental education also entails practice in decision making and self-formulating a code of behavior about issues pertaining environmental quality. Also, it can be stated that Environmental Education is a sustained process in which the individuals gain awareness of their environment and acquire the knowledge and skills to enable them to act individually as well as collectively to solve future environmental problems. It is evident that environmental education has four components-

- Awareness,
- Values or quality,
- Concentration
- Sustainable development.

Our Society realizes that the Government system has failed to deal with the environmental problems. If any serious effort is being made, it is by the courts. From district courts to Supreme Court all are taking environment related cases. Therefore, since few years, Our Society is actively engaged in implementing various environmental protection and development programmes to mobilize community.

Our Trustees, with pleasure pronounce that recently, the importance of ecological and economic forces at the grass root level has been recognized. UN ENVIRONMENT PROGRAMME and the various environment bodies throughout the world have come up for the implementation of various projects on environment. It is encouraging to see this being emphasized and given due importance at the highest levels. However the thrust of planning from above will take the own time to give way to planning from bottom and implementation by the people themselves at micro level in order to appreciate the ecological and economic interdependency that is harmonious and sustainable.

COMPUTER TRAINING PROGRAMME



The role of Computer & Information Technology in overall progress of the society could never see ignored. It is to be used in all the sectors of planning. So Our organization had organized a Computer Exhibition to explore the Techniques Laws of Computer & Information Technology before the people in a simple way. A workshop had also conducted about the role of Computer & Information Technology in rural areas. The peoples are playing a pivotal role in the economic development of country. So it is compulsory to trained the villagers in the field of Computer & I.T. Our Indian I.T. & Computer graduates are earning a large amount of foreign currency from abroad that is very essential for the development of a country. So it can't be avoided. Therefore our organization is organizing Programmes on the above topics to aware the rural as well as urban people.

SCIENCE & TECHNOLOGY



The role of science & Technology in overall progress of the society can never be ignored. It is to be used in all the sectors of planning. So Our organization had organized a Science Exhibition to explore the techniques Laws of Science before the people in a simple way. A three-day workshop was conducted about the role of

Science & Technology in the premises of head office apart from a quiz programme based on science subjects. Besides, the event was fruitfully utilised to impart basic knowledge about computer and its usefulness in our routine life.